



MAY 2023

O-Town News is back with a new look and more information to help keep you connected to what's happening in the greater Oxford area. Here's a few highlights in this issue:

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If you would like submit information to be shared in O-Town News, please call (513) 523-8100 or email: info@agefriendlyoxford.org

CELEBRATING OLDER AMERICANS MONTH

Established in 1963, Older Americans Month is celebrated every May. Led by the Administration for Community Living, Older Americans Month is a time for us to acknowledge the contributions and achievements of older Americans, highlight important trends, and strengthen our commitment to honoring our older citizens.



AGING UNBOUND: MAY 2023

This year's theme, Aging Unbound, offers an opportunity to explore a wide range of aging experiences and to promote the importance of enjoying independence and fulfillment by paving our own paths as we age.

Spotlight: Age-Friendly Oxford

Oxford is entering its second 5-year cycle of membership in the AARP Network of Age-Friendly States and Communities. Membership in this network signifies that a community is working to create a livable community for citizens of all ages.



According to AARP, a livable community is "one that is safe and secure. It offers choices in where to live and how to get around. And it equitably serves residents of all ages, ability levels, incomes, races, ethnicities, and other backgrounds."

Age-Friendly Oxford's vision is an inclusive livable community with housing, transportation, social opportunities, and services that support the well-being of citizens of all ages.

The work of our first five years was led by Ann Whelpton and Jessie Leek, who volunteered many, many hours to improving the lives of older adults and all Oxford area community members. Ann and Jessie remain committed to the mission and vision of Age-Friendly Oxford, but have stepped down from formal

leadership roles and have passed these responsibilities to three "pillar" organizations - Oxford Seniors, Scripps Gerontology Center, and the City of Oxford - who are working together to move these efforts forward in the next five years.

Oxford Seniors, Inc. is the AFO fiduciary agent and the contact address and phone number; **Scripps Gerontology Center at Miami University** manages administrative responsibilities (coordination, meeting scheduling, listserv, website, and communications); and the **City of Oxford** serves as the official applicant to the AARP Network of Age-Friendly States and Communities and provides guidance on local regulatory and governance matters.

Representatives from these pillar organizations, along with a small panel of Oxford area community members, make up the **AFO Leadership Team**, which meets monthly to oversee AFO business.

AFO is guided by a **Community Advisory Group** made up of individuals and representatives of organizations across various sectors of the Oxford area/Talawanda School District. This group meets quarterly to ensure that AFO's initiatives reflect the diverse perspectives and needs of the Oxford community.

AFO is currently looking for community members to serve on the AFO Leadership Team and Community Advisory Group.

To learn more about Age-Friendly and opportunities to be involved, call (513) 523-8100 or email info@agefriendlyoxford.org

Spotlight: Oxford Seniors, Inc.



Oxford Seniors has been serving Oxford and the surrounding communities since 1953 and became incorporated in 1977. Today, programs and services are made possible by support from the

Council on Aging of Southwestern Ohio, the City of Oxford, Butler County United Way, Oxford Community Foundation, and additional organizations and citizens of Oxford and surrounding communities.

The Senior Center is open Monday through Friday, 8:30 a.m. – 4:30 p.m. and currently offers a variety of activities and classes, trips and travel, festivals, events, health information and screenings, resource library, support groups, and other outreach services.

Membership is \$25.00/year and is available to individuals age 50 and older. To become a member, simply mail a check payable to: Oxford Seniors – 922 Tollgate Drive, Oxford, OH 45056. You can also pay through the online payment tab on the Oxford Seniors website or just stop by and pay in person. For any questions about membership, contact the Center at (513) 523-8100.

In addition to the Center, Oxford Seniors offers vital services that help individuals remain in their homes as they age:

Meals on Wheels (for individuals who are homebound) Hot meals are delivered Monday through Friday with

two frozen weekend meals delivered on Friday. For private pay meals, contact Jennifer Marcum at (513) 523-8100. To receive meals through the Elderly Services Program, call 1(800) 215-5305. PASSPORT clients should contact their case manager.

Transportation is available to adults 60 years of age or older, or disabled at any age. The transportation service operates Monday through Friday from 9:00 a.m. to 3:30 p.m. The suggested donation is \$1.50 one-way around town, and \$5.00 one-way out of town. Rides should be scheduled 24 hours in advance; priority is given to medical appointments.

Adult Day Care Services are provided 8:00 – 5:00 pm, Mon – Fri, at 420 South Campus Avenue, Oxford, OH 45056 and offers supportive care and activities for older adults with special needs. Transportation is available. Private pay, Butler County's Elderly Services Program and PASSPORT clients are welcome. Contact Lisa Davidson, Director at 513-523-0464.

Supportive Services such as Medicare, Social Security, Medicaid, and other benefit counseling are available. Contact Sabrina Jewell, OSHIP Counselor, Outreach & Marketing Coordinator at sjewell@oxfordsenior.org, or call (513) 523-8100.

Oxford Seniors has a monthly newsletter that provides information about all the activities going on at the Center. To sign up for the newsletter, contact Jeanne Glaser at (513) 523-8100 or jglaser@oxfordsenior.org

Foster Grandparents - We Bring the Love

The Foster Grandparent Program from AmeriCorps Seniors is looking for individuals 55 and older who would like to stay active in the community. We are an intergenerational mentoring program that allows older adults to create new relationships while having an impact through local schools by providing academic mentorship and improvement in social skills and self-esteem to students. Enrich your life while enriching the lives of children by sharing your experience and compassion. Participation is open to lower-income persons and each "volunteer" receives a stipend of \$4.00/hour. This can mean an extra \$240/month for 15 hours each week, or \$640/month for 40 hours each week (or anything in between). There is additional transportation reimbursement and paid time off. Stipend does not affect any government benefits such as housing, Social Security, etc. To learn more, or if you have any questions, please contact Sherry Lind at (513) 867-7075 or by email at: slind@ccswoh.org.



Legal Information Event

On Wednesday, May 17, 2023 at 6:00 p.m. at Lane Library, Oxford Area PFLAG will host Scott Knox, Attorney, whose practice includes estate planning, family law, probate law, lesbian, gay, transgender issues, Social Security, Disability, SSI.

Senior Farmers' Market Nutrition Program

The United States Department of Agriculture (USDA) Senior Farmers' Market Nutrition Program (SFMNP) provides fresh, nutritious, unprepared locally grown fruits, vegetables, fresh cut herbs and honey through farmers' markets and roadside stands. Eligible older adults who apply receive 10, \$5 coupons to redeem during the growing season at participating farmers' markets. All coupons expire October 31, 2023. To be eligible, an older adult must live in Butler, Clermont, Clinton, Hamilton or Warren counties, be age 60 or older and have an annual household income that is less than 185% of the poverty level. For help in determining if you are eligible, contact Sabrina Jewell at (513) 523-8100.

About Town



Sat. May 6, 13, 20, 27 - Oxford Farmers Market - 9:00 a.m. until noon. Fresh, Local, Seasonal Foods & Goods from Friends and Neighbors Market-Fresh

Wed. May 10 - The Daisy Shop Spring Flower Sale - 10:00 a.m. to 4:00p.m. Lobby of McCullough-Hyde Memorial Hospital, Benefitting The Auxiliary of McCullough-Hyde.

Reminder - Oxford's Designated Outdoor Refreshment Area (DORA) is now active year-round, seven days a week **11:00 a.m. - 11:00 p.m.** This is a specific area, spanning several streets in uptown Oxford, where patrons can purchase alcoholic beverages from participating businesses and then take those drinks outside to enjoy.

Hueston Woods

Sat. May 6 - Afternoon Hike - 2:00 - 4:30 p.m. Hueston Woods Nature Center. Wear appropriate footwear. Bring your vehicle; we will drive to the trailhead.

Sun. May 7 - Give a Hoot, Don't Pollute - 2:00 p.m - 4:00 p.m. Hueston Woods Nature Center. Join a litter pickup and learn why a clean environment is important for the species. Bring your vehicle; we will drive to the site.

Sun. May 13 - Prairie Walk - 2:00 - 4:00 p.m. Hueston Woods Nature Center. Wear appropriate footwear. Bring your vehicle; we will drive to the trailhead.

Sun. May 14 - Creekin' - 2:00 - 4:00 p.m. Hueston Woods Nature Center. Wear appropriate clothing and footwear. Bring your vehicle; we will drive to the creek.

Sun. May 21 - Morning Hike - 11:00 am - 1:00 p.m. Hueston Woods Nature Center. Wear appropriate clothing and footwear. Bring your vehicle.

Fri. May 26 - Big Woods Hike - 11:00 am - 1:00 pm. Hueston Woods Nature Center. Wear appropriate footwear. Bring your vehicle; we will drive to the trailhead.

Fri. May 26 - Night Hike - 9:30 - 11:30 p.m. Indian Mound in the Campground. Wear appropriate footwear. Leave your flashlight, we will hike by moonlight.

Sun. May 28 - Morning Hike - 11:00 am - 1:00 p.m. Hueston Woods Nature Center. Wear appropriate clothing and footwear. Bring your vehicle.

Mon. May 29 - Prairie Walk - 2:00 - 4:00 p.m. Hueston Woods Nature Center. Wear appropriate footwear. Bring your vehicle; we will drive to the trailhead.

For more information about Hueston Woods programs, call (513) 524-4250.

Arts

Thu. May 4 - Des Fleurs Annual Plant Sale & Auction - 8:00 - 10:00 a.m. Oxford Community Arts Center

Fri. May 5 - Friday Night Lights: "A League of Their Own" - 7:00 - 9:00 p.m. Oxford Community Arts Center - This is a FREE movie open to all.

Fri. May 12 - 2nd Friday Celebration of the Arts - 7:00 - 9:00 p.m. Oxford Community Arts Center

Wed. May 16 - Talawanda Jazz Band and Steel Band Concert - 7:00 - 8:30 p.m. Oxford Community Arts Center

Fri. May 19 - Madcap Puppets: When You Wish Upon a Fish - 7:00 - 9:00 p.m. Oxford Community Arts Center - All ages - Tickets: \$7 Adult / \$5 Child, 12 and younger

On Campus

Mon. May 1 - CraftSummer Workshop Registration - 7:00 - 8:00 p.m. Phillips Art Center
Limited availability through June, many options to choose (513)-529-7395 - photography, jewelry, quilting, and many more.

Mon. May 1 - Symphony Band and Wind Ensemble - 7:30 p.m. Hall Auditorium

Tues. May 2 - Trumpet Ensemble - 7:30 p.m. Center for Performing Arts

Wed. May 3 - Choraliers and Chamber Singers - 7:30 p.m. Hall Auditorium

Fri. May 5 - Symphony Orchestra - 7:30 p.m. Hall Auditorium

Fri. May 5 - Miami University Baseball - 5:00 p.m. Stanley G. Mckie Field at Joseph P. Hayden Jr. Park

Sat. May 6 - Miami University Baseball - 3:00 p.m. Stanley G. Mckie Field at Joseph P. Hayden Jr. Park

Sat. May 6 - Dance Theatre Spring Concert - 7:30 p.m. \$10 students/seniors: \$12 in advance general admission & \$15 at the door. Box Office/Home Office

Sat. May 7 - Dance Theatre Spring Concert - 2:00 p.m. See description above.

Sun. May 7 - Miami University Baseball - 1:00 p.m. Stanley G. Mckie Field at Joseph P. Hayden Jr. Park

Sun. May 7 - Wild Flower Walk - 1:00 - 2:00 p.m. The walks are led by members of Miami's biology department and other wildflower enthusiasts. Meet at the Peffer Park Pavillion. Wear sturdy shoes. Free! For more information, contact: Amanda Brymer (513) 529-8576 or bentleal@miamioh.edu.

Sun. May 14 - Wild Flower Walk - 1:00 - 2:00 p.m. See description above.

Helpful Resources

Family Resource Center

*5445 College Corner Pike, Building 2 , Oxford, OH 45056
(513)-523-5859, Email: director@frcoxford.org*

Family Resource Center (FRC) assists individuals and families with the necessary resources, advocacy, and assistance to achieve their own self-sustainability: securing housing, assisting those with economic hardships, ensuring basic needs (food, clothing, shelter, transportation), obtaining and retaining employment, access to financial, education, and work supports.

Lane Library

*441 S Locust St #2126, Oxford, OH, 45056
(513)-523-7531, Website: <https://www.lanepi.org/>*

Lane library provides materials, services, access to computers and electronic resources, and a variety of events for adults and children. Most services and events are free.

Oxford Free Clinic

*110 North Poplar Street Oxford OH, 45056
(513)-524-5426, Website: <https://oxfordfreeclinic.org/>*

Oxford Free Clinic provides basic medical care and access to medications prescribed for treatments. The gynecology free clinic operates on the second Wednesdays of every month to provide free women-specific care.

Oxford Seniors

*922 Tollgate Dr. Oxford, OH, 45056
(513)-523-8100, Website: <https://www.oxfordsenior.org/>*

Oxford Senior Center is open Monday through Friday from 8:30 a.m to 4:30 p.m. for members to use the facilities and participate in many forms of recreation. Oxford Seniors also provides Adult Day Care Services, Meals on Wheels, Transportation, and other supportive services.

Talawanda Oxford Pantry & Social Services

*5445 College Corner Pike, Oxford, OH, 45056
(513)-523-3851, Email: director@topss.org*

Talawanda Oxford Pantry & Social Services (TOPSS) serves families living in the Talawanda school district. Customers are able to shop once per week and choose their items according to their household size and preferences. Nutritional information and foods to meet specific dietary restrictions are available. "Emergency food" boxes are available on a limited basis to those in need who live outside of the Talawanda School District.

Thread Up Oxford

*5156 College Corner Pike, Oxford, OH, 45056
(513)-273-1701, Email: threadupoxford@gmail.com*

Thread Up is committed to changing the community's relationship with textile more responsibly and creatively. Thread Up accepts donations of textile goods and provides free and low-cost gently used clothing at their location.

DATED MATERIAL
PLEASE DO NOT DELAY

Oxford Seniors
922 Tollgate Drive
Oxford, OH 45056



Bulk Rate
Nonprofit Organization
Postage Paid
Permit 18
Oxford, OH 45056

O-TOWN NEWS
Keeping Greater O-Town Connected!