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If you have information to be shared in O-Town News, you can submit online at **http://bit.ly/O-Town-News-Content** or call **(513) 529-2914** for assistance with completing the online submission form.

Submission deadline is the 15th of the month for the next month's issue.

GRATITUDE

While putting together this month's issue of O-Town News, the editorial team was reminded of the many opportunities and resources available in our community and the wonderful organizations and people who work tirelessly to make O-Town a place where people of all ages can thrive. We are grateful for our caring community and hope that you'll find opportunities for connection, support, education, and fun in the pages that follow.

Mark your calendars!

The Community Conversation on Ageism that was cancelled last month due to illness has been rescheduled for **Tue. December 5** from 4:30 to 6:00 p.m. at the Oxford Community Arts Center.



AT MIAMI UNIVERSITY SCRIPPS GERONTOLOGY CENTER An Ohio Center of Excellence





Focus on Relationships

Friend of a Friend



MOVIE PREMIERE

Fri. November 3

7:45 p.m.

Oxford Community Arts Center

Don't miss this unique opportunity to celebrate the power of community and the art of friendship. *Friend of a Friend* is a heartwarming original short film about how we can connect with others in our community to create intergenerational and lifelong bonds. The film was crafted through a collaboration between Miami's Institute for Learning in Retirement (ILR) students, veterans, and dedicated community members. The public showing begins at 7:45 p.m., followed by a reception and a lively Q&A session with the ILR student filmmakers. The showing and reception are free, but advance registration is requested for planning purposes. To register, call Heidi Schiller (513) 524-8506.

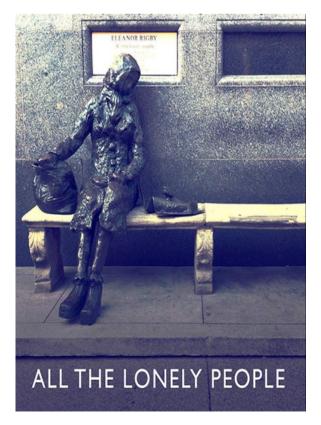
All the Lonely People Documentary Film hosted by Director Stu Maddox



Hall Auditorium

An asylum seeker with a newborn child...a young doctor in New York City ... a 78-year-old aging with HIV...a government official...a couple working so hard they don't have time for friends. What do they have in common? They are part of a life-threatening epidemic affecting 49 million people in the US: feeling lonely most of the time. The US Surgeon General reports the health consequences of chronic loneliness are proven to be as bad as smoking. Join this very special and important presentation hosted by filmmaker Stu Mattox, centered around a screening of the documentary followed by audience discussion. Built hope, it shares the latest research and on interventions for individuals and communities and feeling leaves audiences empowered and reconnected.

Tickets are \$5.00 and can be purchase through **https://www.etix.com/ticket/o/12112** or by calling (513) 529-5000.



ELECTIONS & VOTING

Election Day

Nov. 7

Polls open 6:30 a.m. - 7:30 p.m.

Important Dates

Early voting Nov. 1 - Nov. 5

Wed. - Friday: 7:30 a.m. - 7:30 p.m. Saturday: 8 a.m. - 4 p.m. Sunday: 1 - 5 p.m.

Vote by Mail Deadlines Nov. 6

If returned by U.S. Mail, vote-by-mail ballot must be postmarked by Nov. 6 and received by Nov. 13

If returned in person to the Board of

Elections, the vote-by-mail ballot must be dropped by 7:30 p.m. on Election Day.

Medicare Open Enrollment There's Still Time!

Open Enrollment **ends December 7th**, **2023**, with the new plans taking effect on January 1, 2024.



Appointments for insurance, SNAP, and other benefits: **contact OSHIP Counselor Sabrina Jewell**



ID Requirements for Ohio Voters

In-Person Voting

Early Voting at the Board of Elections or at your polling place on Election Day

One of the following unexpired documents:

- Ohio Driver's License or interim ID form or Ohio ID (issued by Ohio BMV)*
- U.S. Military or U.S. Dept. of Veterans Affairs or Ohio National Guard card
- U.S. passport or passport card

Voting by Mail

Ballot can be returned via U.S. Mail or dropped at the Board of Elections. Contact the Board of Elections for deadlines

One of the following:

- Ohio Driver's License or Ohio ID number (unexpired & issued by Ohio BMV)
- Last 4 digits of social security number
- A copy of one of the documents listed to the left under "In-Person Voting"

OSHIP Counseling Services Available:

- Medicare & Rx Plans, Medicaid, OPERS, STRS, SERS, Ohio Police & Fire and other insurance
- Benefits and eligibility checks and application assistance- SNAP, Senior food boxes, etc.
- Assistance with housing and utility issues-HEAP
- Are you turning 65 in 2023? If so, you may need to sign up for Medicare.

(513) 523-8100 or sjewell@oxfordsenior.org In-person, Zoom, and phone appointments are available.

Fri. Nov. 17- 12:15-1:00 p.m

RED DOOR COMMUNITY CONCERTS at HOLY TRINITY EPISCOPAL CHURCH 25 East Walnut, Oxford OH



Formed in 2017, Srivastava & Feist is a duo comprised of saxophonist Om Srivastava and tabla player/percussionist Jim Feist. Professors at the prestigious Cincinnati Conservatory, the two formed the idea of a new modern-fusion duo rooted in an Indian identity. Srivastava & Feist perform original compositions and improvisations steeped in bold rhythm and melody toward achieving a contemporary Indian sound. A review of their debut album 7th Life in the NACWPI Journal describes "the virtuosity of both Srivastava and Feist...melodic and rhythmic acrobatics are on full display from two incredible performers...fascinating."

Season 3: Red Door Community Concert 3, posted on the Holy Trinity YouTube channel.

FREE & Open to the public

About Town

Community Book Read and Discussion

Remember: The Science of Memory and the Art of Forgetting

Mon. Nov. 6 6:30 - 8:00 p.m. Oxford Seniors - 922 Tollgate Drive, Oxford

Join our community read and discussion of the book **Remember:** The Science of **Memory and the Art of Forgetting** by Lisa Genova, which explores the science of memory, the differences between normal forgetting and forgetting due to cognitive changes, and what we can do to protect our memories. If you'd like to participate, all you have to do is read the book and then come to the discussion. Fall Mixer Tue. Nov. 7 6:30 p.m.

All Oxford area community members are invited to come to The Knolls of Oxford (6727 Contreras Rd.) and participate in fall festivities while enjoying a slice of pie and a warm drink. Games such as Corn Hole, Giant Connect Four, and Jumbo Checkers will be available to play while socializing. Usher in Oxford's most colorful season while connecting with community members of all ages! Please **RSVP by 6** if you plan to attend: Nov. tpitts@mkcommunities.org or call (513) 524-7994.

FREE Community Meals at Oxford Seniors - 922 Tollgate Drive, Oxford

Mon. Nov. 13 5:30 p.m.

Hosted by Miami University Nutrition Students, Oxford Seniors, and Faith Communities of Oxford.

All are welcome!

Community Thanksgiving Thanksgiving Day - Thu. Nov. 23 1:00 to 4:00 p.m.

Free food and community brought to you by Oxford Seniors, TOPSS, Family Resource Center, and Gaslight Brewhouse. Eat with us or take it with you. To reserve your spot, contact **topss.org** or call **(513) 523-3851**



Wed. Nov. 1 - Voting Awareness: Understanding Election Cybersecurity - 6:00 to 7:30 p.m. *Oxford Lane Library.* Join us for a free event on election cybersecurity by James Walden, Director of Miami University's Center for Cybersecurity. Discover vulnerabilities, their impact, and best practices to strengthen our election system, emphasizing public trust. Open to ages 18+.

Sat. Nov. 4, 11, 18, 25 - Oxford Farmers Market - 9:00 a.m. to noon. *Uptown.* Fresh, local, seasonal foods & goods from friends and neighbors. VISA & EBT cards (food stamps) accepted.

Thur. Nov. 9 - Oxford on the Battlefront - 6:00 to 7:00 p.m. Oxford Lane Library Havinghurst Meeting Room. Enjoy an evening of honoring local heroes as Smith History Library and Cummins Room Manager, Brad Spurlock, presents information on World War II veterans from Oxford and surrounding areas in Northwestern Butler County.

Fri. Nov. 10 - Memory Cafe. 3:00 to 4:00 p.m. *Oxford Lane Library.* A supportive space with music, games, and conversation for individuals with Alzheimer's disease and other types of memory loss and their care partners. For more information call (513) 523-7531.

Sat. Nov. 11 - Oxford Empty Bowls - 11:00 a.m. to 2:00 p.m. *Oxford Community Art Center.* Join Oxford's 'Empty Bowls' luncheon, where Miami University and Talawanda High School students, local potters, and cooks unite to raise funds for local families in need. Guests select handmade bowls, enjoy soups, and take home a bowl as a reminder of empty bowls worldwide. Cost: \$15; children under 10 eat free (no bowl).

Tue. Nov. 14 - Bruce Murray: A Musical Feast - 7:30 to 9:00 p.m. Oxford Community Arts Center. Join us for a special live program with pianist Bruce Murray, featuring hand-picked piano selections and Beethoven's challenging 'Hammerklavier.' Don't miss this musical treat! Tickets: \$15 Adults, \$14 Seniors, \$10 Students.

Sat. Nov. 18 - Red Brick Event: Oxford Farm & Flea - 9:00 a.m. to 2:00 p.m. *High Street.* The City of Oxford, in partnership with Oxford Farmers Market, is hosting our first Farm & Flea this November. This outdoor market will bring a multitude of booths to the Uptown streets to shop at, as well as feature our regular Oxford Farmers Market vendors, farmers, and more.

On Campus

Public Skating at the Goggin Ice Center



Great fun for all ages and experience levels and a perfect addition to a heart healthy lifestyle. Figure or hockey skates may be worn and both are available for rent in infant size 6 to adult 14. Skate aids are available for kids ages 9 and under. Free Wi-Fi available.

FridaysSaturdays & Sundays7:15 to 8:30 p.m.3:15 to 5:00 p.m.Nov. 3, 10 & 17Nov. 4, 5, 11, 12, 18 & 19

Sat. Nov. 4 & 18 - Drop in Tour & Explore at the Art Museum - 2:00 to 4:00 p.m. *Richard and Carole Cocks Art Museum.* Enjoy and learn about the artworks on exhibit! Join Docent tours of current and ongoing exhibitions.

Tue. Nov. 7 & 14 - English Language Cafe - 5:30 to 7:00 p.m. *MacMillan Hall.* All members of the community who are looking to develop their English language skills are welcome to practice in this supportive and safe space. There will be English language and U.S. culture activities for all levels and ages. Questions? Contact: international@MiamiOH.edu

Thur. Nov 9 - 49th Hefner Lecture - 7:30 to 9:00 p.m. *Laws Hall Rm. 100.* Renowned scientist Dr. James W. Porter, PhD will give the 49th annual Hefner Lecture on 'Bridging Medicine and Ecology to Save Florida Keys' Coral Reefs.' The event will be followed by a reception at the Hefner Museum of Natural History in Upham Hall. Dr. Porter's expertise includes coral, climate change, and their connections to human health and social justice. He advised the Netflix film 'Chasing Coral' and testified before Congress, impacting U.S. support for the U.N. Ocean Biodiversity Treaty."

Tue. Nov. 14 - To Sin by Silence: The Legacy of Rachel Carson in an Age of Climate Emergency - 5:00 to 6:00 p.m. *Armstrong Student Center.* Sandra Steingraber, a biologist and Distinguished Scholar in Residence at Ithaca College, specializes in the environmental connections to cancer and reproductive health. Her book, "Living Downstream," frames cancer as a human rights concern, merging toxic release data with U.S. cancer registry information.

Mon. Nov. 13 - Havighurst Center Colloquia Series Lecture - 11:40 a.m. to 1:00 p.m. *Harrison Hall Rm. 210*. Writing from the Caucasus after Communism, Katherine Young, translator. Translating in the Post-Colonial Context: the Paradox of Azerbaijan's Akram Aylisli.

Tue. Nov. 14 - OxMag Spring Street Reading - 7:00 to 8:00 p.m. *Bachelor Hall Rm. 335.* The Spring Street Reading Series features graduate student writers from Miami University's Creative Writing MFA program and is held monthly throughout the academic year. This session's featured readers are: Ty YoungHossein SobhaniTanusheree MukherjeeAll

Sat. Nov. 18 - Phi Sigma Sigma 5k Charity Run - 10:00 a.m. to 1:00 p.m. *Cook Field.* This 5K is to benefit a local school to help buy school supplies. It will start and finish at Cook Field. Bracelets and T-Shirts will also be for sale to benefit the cause.

Sat. Nov. 18 - Music at the Museum - 1:00 to 2:00 p.m. *Richard and Carole Cocks Art Museum.* Join us on the third Saturday of each month for a recital in the galleries by students of the Department of Music.

Helpful Resources

Family Resource Center

5445 College Corner Pike, Building 2 , Oxford, OH 45056 (513)-523-5859, Email: director@frcoxford.org

Family Resource Center (FRC) assists individuals and families with the necessary resources, advocacy, and assistance to achieve their own self-sustainability: securing housing, assisting those with economic hardships, ensuring basic needs (food, clothing, shelter, transportation), obtaining and retaining employment, and accessing financial, education, and work supports.

Oxford Lane Library

441 S Locust St #2126, Oxford, OH, 45056 (513)-523-7531, Website: https://www.lanepl.org/

Lane library provides materials, services, access to computers and electronic resources, and a variety of events for adults and children. Most services and events are free.

Oxford Free Clinic

110 North Poplar Street Oxford OH, 45056 (513)-524-5426, Website: https://oxfordfreeclinic.org/

Oxford Free Clinic provides basic medical care and access to medications prescribed for treatments. The gynecology free clinic operates on the second Wednesdays of every month to provide free women-specific care.

Oxford Seniors

922 Tollgate Dr. Oxford, OH, 45056 (513)-523-8100, Website: https://www.oxfordsenior.org/

Oxford Senior Center is open Monday through Friday from 8:30 a.m to 4:30 p.m. for members to use the facilities and participate in many forms of recreation. Oxford Seniors also provides Adult Day Care Services, Meals on Wheels, Transportation, and other supportive services.

Talawanda Oxford Pantry & Social Services

5445 College Corner Pike, Oxford, OH, 45056 (513)-523-3851, Email: director@topss.org

Talawanda Oxford Pantry & Social Services (TOPSS) serves families living in the Talawanda school district. Customers are able to shop once per week and choose their items according to their household size and preferences. Nutritional information and foods to meet specific dietary restrictions are available. "Emergency food" boxes are available on a limited basis to those in need who live outside of the Talawanda School District.

Thread Up Oxford Uptown Threads

5156 College Corner Pike, Oxford, OH, 45056 127 W Church St. , Oxford, OH, 45056 (513)-273-1701, Email: threadupoxford@gmail.com

Thread Up is committed to changing the community's relationship with textile more responsibly and creatively. Thread Up accepts donations of textile goods at both the Church St. and College Corner Pike locations and provides free and low-cost gently used clothing at the Uptown Threads location on Church St.

VOLUNTEERS NEEDED

POINT-IN-TIME COUNT

Oxford Area Solutions for Housing (OASH)

is recruiting volunteers to help in collecting a count of unhoused individuals in the Oxford area. This Point-in-Time Count is a local community initiative inspired by the National Point-in-Time Count, which seeks to identify the number of sheltered and unsheltered people experiencing homelessness in the country.

Volunteers can help in different ways by...

- Assisting with collecting and sorting items for backpacks to be given out during the OASH Point-in-Time Count
- Assisting with outreach to local social service agencies that serve unhoused individuals
- Assisting with the set-up/shutdown of count meet-up locations
- Canvassing pre-defined areas to locate, screen, and survey homeless individuals
- Assisting with collecting and organizing data

If you are interested in hearing more or would like to volunteer, please come to the informational meeting:

Tue. Nov. 14, 2023 5:30 - 6:30 p.m.

at Oxford Seniors 922 Tollgate Drive, Oxford

ABOUT OASH

Oxford Area Solutions for Housing (OASH) is an active group of community volunteers that seeks to identify and eliminate homelessness in the Oxford area, and build a more welcoming community for all.

We welcome people from all backgrounds, especially those with lived experience with homelessness, to participate.



oash@oxfordpresbychurch.org