



OCTOBER 2023

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If you have information to be shared in O-Town News, you can submit online at <http://bit.ly/O-Town-News-Content> or call (513) 529-2914 for assistance with completing the online submission form.

Submission deadline is the 15th of the month for the next month's issue.

AGEISM AWARENESS

October 7 is Ageism Awareness Day. On that day, let's all take a moment to consider how we want to be treated as we age. According to the World Health Organization, ageism refers to the stereotypes (how we think), prejudice (how we feel) and discrimination (how we act) towards others or oneself based on age.

A few facts about ageism, which affects people of any age:

- Ageism decreases quality of life and can shorten lifespan by 7.5 years.
- Although it is universal, people do not always take ageism as seriously as they do other forms of inequity.
- Ageism intersects with, and exacerbates all other discriminatory "isms."

What are your thoughts about age and ageism in the Oxford community? Join the conversation!

Community Conversation: Ageism

What is it?

What does it look like?

Why does it matter?

What can we do about it?

Come and join Oxford community members of all ages in the Oxford Community Arts Center North Parlor on **Tue. October 10, from 4:30 - 6:00 p.m.** as Dr. Suzanne Kunkel of Miami's Scripps Gerontology Center shares information about ageism and a tool to help us all talk about it.

Free and open to the public.

#TalkAboutAgeism #AgeismAwareness



Medicare Open Enrollment Season is Here!

October 15th begins the start of **Medicare Open Enrollment 2024!** It is highly suggested that everyone review their Rx and Medicare Advantage plans each year. Open Enrollment ends December 7th, 2023, with the new plans taking effect on January 1, 2024.

For appointments regarding insurance, SNAP, and other benefits, etc.; please call Sabrina at (513) 523-8100. In-person, Zoom, and phone appointments are available.

We can provide the following services:

- Medicare & Rx Plans, Medicaid, OPERS, STRS, SERS, Ohio Police & Fire and other insurance
- Benefits and eligibility checks and application assistance- SNAP, Senior food boxes, etc.
- Assistance with housing and utility issues-HEAP
- Are you turning 65 in 2023? If so, you may need to sign up for Medicare.

Contact Sabrina, OSHIP Counselor, for an appointment today.

513-523-8100
sjewell@oxfordsenior.org

Important Dates



Oct. 10

Last day to register to vote
Board of Elections open until 9 p.m.



Nov. 7

Election Day

Polls open 6:30 a.m. - 7:30 p.m.



Oct. 11

Early voting begins

Week 1 (Oct. 11-13)
8 a.m. - 5 p.m. each weekday (Wed-Fri)

Week 2 (Oct. 16-20)
8 a.m. - 5 p.m. each weekday (Mon-Fri)

Week 3 (Oct. 23-27)
8 a.m. - 5 p.m. each weekday (Mon-Fri)

Week 4 (Oct. 30 - Nov. 5)
7:30 a.m. - 7:30 p.m. on Monday
7:30 a.m. - 8:30 p.m. on Tuesday
7:30 a.m. - 7:30 p.m. on Wed. - Friday
8 a.m. - 4 p.m. on Saturday
1 - 5 p.m. on Sunday



Vote by Mail Deadlines

Oct. 31

Vote-by-mail applications must be received by Board of Elections
Board of Elections open until 8:30 p.m.

Nov. 6

If returned by U.S. Mail, vote-by-mail ballot must be postmarked by Nov. 6 and received by Nov. 13

If returned in person to the Board of Elections, the vote-by-mail ballot must be dropped by 7:30 p.m. on Election Day.



ID Requirements for Ohio Voters

Make sure you have the necessary identification to successfully cast your ballot!



In-Person Voting

Early Voting at the Board of Elections or at your polling place on Election Day

One of the following unexpired documents:

- Ohio Driver's License or interim ID form or Ohio ID (issued by Ohio BMV)*
- U.S. Military or U.S. Dept. of Veterans Affairs or Ohio National Guard card
- U.S. passport or passport card

* Address does not need to be current; OhioIDs are now free at Ohio BMVs

No longer allowed: Out-of-state driver's license or ID; social security card, birth certificate, insurance card; utility bill; bank statement; government check; paycheck; other government documents; registration acknowledgment from the county board of elections.



Voting by Mail

Ballot can be returned via U.S. Mail or dropped at the Board of Elections. Contact the Board of Elections for deadlines

One of the following:

- Ohio Driver's License or Ohio ID number (unexpired & issued by Ohio BMV)*
- Last 4 digits of social security number
- A copy of one of the documents listed to the left under "In-Person Voting"

League of Women Voters of Oxford - Meet the Candidates Forum Wed. October 11 at 7:00 p.m.

Knolls of Oxford Auditorium - 6727 Contreras Rd, Oxford, OH 45056

All candidates for offices on the ballot have been invited: Talawanda School District; Oxford City Council; Hanover, Milford, Oxford and Reily Township; Butler County Educational Service Center. The public is welcome and encouraged to attend.

October 2023

Fri. Oct. 6, 2023 - 12:15 - 1:00 p.m.



Come, enjoy the amazing sounds of the Nordlie Organ, Opus 27, in a concert entitled, "In Praise of Great Teachers. Christina Haan, organist at Knox Presbyterian Church, is originally from Portland, Oregon.

She received her undergraduate degree in piano performance, before moving to Cincinnati for her graduate degrees at the University of Cincinnati College-Conservatory of Music, including a doctorate in organ performance. Dr. Haan is also a vocal coach at Miami University of Ohio, and an opera coach at the American Institute of Musical Studies in Graz, Austria. You won't want to miss her concert!

RED DOOR COMMUNITY CONCERTS

at HOLY TRINITY
EPISCOPAL CHURCH
25 East Walnut, Oxford OH



This concert is the second of six concerts in Season Three of Red Door Community Concerts. Concerts will also be posted on the Holy Trinity YouTube channel.

FREE & Open to the public

FREE Community Meals

Miami University Nutrition Students, Oxford Seniors, and Faith Communities of Oxford are hosting **free** Community Meals on Mondays Oct. 9, Nov. 13, and Dec. 11 at the Oxford Senior Center, 922 Tollgate Dr. Oxford. All are welcome.

Community Book Read and Discussion

All residents of the Oxford area are invited to participate in a community read and discussion of the book ***Remember: The Science of Memory and the Art of Forgetting*** by Lisa Genova, which explores the science of memory, the differences between normal forgetting and forgetting due to cognitive changes, and what we can do to protect our memories. If you'd like to participate, all you have to do is read the book and then come to a book discussion on November 6 at the Oxford Senior Center.

About Town

Sun. Oct 1 - Suicide Prevention Walk - 1:00 p.m. *Uptown Park.* The Miami University Student Counseling Service and the Suicide Prevention Team invite Oxford area residents to join Miami's Suicide Prevention 5k Walk. Visit resource tables, listen to speakers, and participate in activities honoring those who are struggling/have struggled.

Fri. Oct 6 - Asian American Association - 5:00 to 8:00 p.m. *Uptown Memorial Park.* The Asian American Association's annual event features booths representing various Asian countries, offering cultural learning, games, and student interactions, along with dance performances.

Fri. Oct 6 - Free Movie Friday, Elvis - 7:00 to 10:00 p.m. *Oxford Community Arts Center Theatre.* Free Admission (Popcorn and Water: \$1.00). Follow Elvis Presley's 20-year journey, his complex relationship with manager Colonel Tom Parker, and the pivotal role played by Priscilla. Rated PG-13 for substance abuse, strong language, and suggestive material.

October 2023

Fri. Oct. 6 - Southern Ohio Legends & Lore - 6:00 to 8:00 p.m. *Oxford Lane Library.* Experience haunting local tales with paranormal researcher James Willis, based on his work 'Southern Ohio Legends & Lore.' Book signing & treats. Restricted to age 18+. Register online at Lanepl.org and click on "Events" or call (513) 523-7531.

Sat. Oct. 7, 14, 21, 28 - Oxford Farmers Market - 9:00 a.m. until noon. *Uptown.* Fresh, local, seasonal foods & goods from friends and neighbors. VISA & EBT cards (food stamps) accepted.

Sun. Oct. 8 - Delta House of Pancakes (DHOP) - 10:00 a.m. to 2:00 p.m. *Uptown Memorial Park.* Pancakes made by Delta Delta Delta Sorority under the pavilion for donations to St. Jude Children's Research Hospital.

Fri. Oct. 13 - Memory Café - 3:00 - 4:00 p.m. *Oxford Lane Library* - A supportive space with music, games, and conversation for individuals with Alzheimer's disease and other types of memory loss and their care partners. For more information call (513) 523-7531.

Fri. Oct. 13 - Second Friday Celebration of the Arts - 6:00 p.m. *Oxford Community Arts Center.* Gallery opening and performance event in the first floor galleries and the North Parlor. Meet the artists and enjoy some wine on the 3rd floor. Free admission.

Fri. & Sat. Oct. 13 & 14 - Audubon Miami Valley - Annual Bird Seed Sale Pickup - Friday 4:00 to 6:00 p.m. & Sat 9:00 a.m. to 12:00 p.m. *Shademakers Nursery & Landscape 304 W. Collins St.* Support educational programs and scholarships while attracting year-round birds to your yard. Order forms will be mailed and available soon on the website: audubonmv.org.

Sat. Oct. 14 - 2nd Annual OXtoberfest - 1:00 to 8:00 p.m. *Uptown Memorial Park.* Live German-Style music by The Bergstrasse Boys, German Hunting Horns & The Dulahans, a local Celtic Band. There will be a full Biergarten, food trucks, local artisans and businesses, & games for all ages. Everyone is encouraged to come dressed up for the occasion!

Sat. Oct. 21, 28 - Historic Walking Tour of Oxford Cemetery - 11:00 a.m. to 12:00 p.m. *Oxford Cemetery.* This 60-minute tour will feature notable members of the Oxford and Miami University communities. Wear comfortable shoes for walking and park in the Peffer Park lot. For information and registration, visit: www.cityofoxford.org/OPRD or call (513) 523-6314.

Tues. Oct. 24 - Howl at the Moon - 5:00 to 8:00 p.m. *Oxford Community Arts Center.* Come to the OCAC Gardens for a spooky night of scary fun! Games & Activities: Pumpkin Painting, Face-Painting, Bowling for Ghosts, and much more. Special Trick-or-Treat for the little ones at 6:00 p.m.

Thurs. Oct. 26 - Trick-or-Treat OPRD Style & Lions Club Halloween Parade - 4:30 to 6:30 p.m. *Memorial Park Uptown.* Free! Pet costume contest. Carnival games. Followed by Lions Club parade at 7:00 p.m. Staging area on N. Beech St.

Tue. Oct. 31- Oxford Neighborhood Trick-Or-Treat - 5:30 to 7:30 p.m. Take your wee ghouls and goblins to your favorite streets to haunt this time of year. Participating houses are encouraged to have their front porch lights on!

On Campus

Sat. Oct. 7, 14, 21 - Saturday Art at Miami University - 9:00 to 10:30 a.m. *Art Building 400 S. Patterson Ave.* Open to ages 4+ our classes offer diverse creative projects in various mediums. Tailored to individual levels, new lessons weekly, taught by Miami University Art Education students with faculty supervision. No prior art experience needed. \$50 for the first student, \$45 for each additional family member.

Sat & Sun. Oct. 21-22 - Homecoming Weekend. We are excited to announce that Homecoming 2023 will be the weekend of October 20-22 with the Homecoming Football game on Saturday, October 21, 2023. An exciting weekend of events, full schedule of events will be announced.

Thurs. Oct. 28 - Halloween Skate - 3:15 to 5:00 p.m. *Goggin Ice Center.* Join us for a fun public skating session! All ages and skill levels welcome. Rent figure or hockey skates from size 6 infant to adult 14. Skate Aids available for kids under 9. Free Wi-Fi. \$7.50 admission with free skate rental. For more information call (513) 529-9800.

Oct. Tues. 17 & 24, Wed. 18 & 25, Thurs. 19 & 26 - Ghosts and Gears Bike Tour - 6:00 to 8:00 p.m. Join this guided ride and tour some of Miami's most haunted and more mysterious locations. \$10 per person, adult-sized bikes provided. This is a family-friendly program. Register through Miami Recreation (513) 529-4731.

Hueston Woods

Sun. Oct. 1, 8 - Fossil Expedition - 2:00 p.m. *Nature Center.* Meet at the Nature Center and join a naturalist to search for signs of prehistoric life and collect fossils. Bring your vehicle; we will drive to the fossil collection site.

Sat & Sun. Oct. 7, 8 - 58th Annual Apple Butter Festival. 10:00 a.m. to 5:00 p.m. *Hueston Woods Pioneer Farm.* Daily schedule: DJ John 10 am-noon, Park Naturalist 12:15-1:15 pm, 2nd Time Around Bluegrass Band 2-4 pm. Enjoy children's activities, food, crafts, and more. Event supports Oxford Museum Association; \$5 per adult or \$10 per car, children under 12 free.

Sun. Oct. 7, 28 - Wildlife Invasion - 11:00 a.m. *Hueston Woods Lodge.* Meet at the Lodge for a close look at Ohio's wildlife.

Sun. Oct. 7 - Creepy Critters - 2:00 p.m. *Center Circle.* Meet at the Campground for an up-close look and discussion about some of our scarier animals.

Fri. Oct. 13, 29 - Archery - 11:00 a.m. *Hueston Woods Archery Range.* Meet at Range to learn the art of the bow.

Sat. Oct. 21 - Orienteering - 2:00 p.m. *Nature Center.* Learn to navigate with a map and compass. We will be off trail; long pants are recommended.

Fri. Oct. 29 - Raptors of Ohio - 2:00 p.m. *Nature Center.* Get a close look and learn about some of our resident birds of prey.

Helpful Resources

Family Resource Center

*5445 College Corner Pike, Building 2 , Oxford, OH 45056
(513)-523-5859, Email: director@frcoxford.org*

Family Resource Center (FRC) assists individuals and families with the necessary resources, advocacy, and assistance to achieve their own self-sustainability: securing housing, assisting those with economic hardships, ensuring basic needs (food, clothing, shelter, transportation), obtaining and retaining employment, and accessing financial, education, and work supports.

Oxford Lane Library

*441 S Locust St #2126, Oxford, OH, 45056
(513)-523-7531, Website: <https://www.lanepi.org/>*

Lane library provides materials, services, access to computers and electronic resources, and a variety of events for adults and children. Most services and events are free.

Oxford Free Clinic

*110 North Poplar Street Oxford OH, 45056
(513)-524-5426, Website: <https://oxfordfreeclinic.org/>*

Oxford Free Clinic provides basic medical care and access to medications prescribed for treatments. The gynecology free clinic operates on the second Wednesdays of every month to provide free women-specific care.

Oxford Seniors

*922 Tollgate Dr. Oxford, OH, 45056
(513)-523-8100, Website: <https://www.oxfordsenior.org/>*

Oxford Senior Center is open Monday through Friday from 8:30 a.m to 4:30 p.m. for members to use the facilities and participate in many forms of recreation. Oxford Seniors also provides Adult Day Care Services, Meals on Wheels, Transportation, and other supportive services.

Talawanda Oxford Pantry & Social Services

*5445 College Corner Pike, Oxford, OH, 45056
(513)-523-3851, Email: director@topss.org*

Talawanda Oxford Pantry & Social Services (TOPSS) serves families living in the Talawanda school district. Customers are able to shop once per week and choose their items according to their household size and preferences. Nutritional information and foods to meet specific dietary restrictions are available. "Emergency food" boxes are available on a limited basis to those in need who live outside of the Talawanda School District.

Thread Up Oxford

*5156 College Corner Pike, Oxford, OH, 45056
(513)-273-1701, Email: threadupoxford@gmail.com*

Thread Up is committed to changing the community's relationship with textile more responsibly and creatively. Thread Up accepts donations of textile goods and provides free and low-cost gently used clothing at their location.