



SEPTEMBER 2023

HISPANIC HERITAGE MONTH

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If you have information to be shared in O-Town News, you can submit online at <http://bit.ly/O-Town-News-Content> or call (513) 529-2914 for assistance with completing the online submission form.

Submission deadline is the 15th of the month for the next month's issue.

Hispanic Heritage Month is observed September 15 to October 15 in the U.S. The observation started in 1968 as Hispanic Heritage Week under President Lyndon B. Johnson as a way to pay tribute to the Hispanic and Latinx communities' contributions to the nation, and was enacted into law by President Ronald Reagan in 1988 as an entire month.

On Fri. Sept. 22, the **20th Annual UniDiversity Festival** will be held from 5:00 - 9:00 p.m. in the Oxford Uptown Parks.

The UniDiversity Festival is a collaborative initiative to promote diversity and inclusion in our community, and it is also a chance to learn more about the valuable contributions of the Latin American, Latino, and Caribbean peoples and cultures.

ARE YOU
REGISTERED?



It's not too early to start thinking about the November election!

Voter registration deadline for the November 7, 2023 general election is **October 10, 2023**

To register online or to print a voter registration form, visit: voteohio.gov

Alternative Locations in Oxford for Voter Registration Forms:

City of Oxford Municipal Building,
101 E. High St.

Lane Public Library,
2nd floor reference desk
441 S. Locust St.,

Empowering Voters. Defending Democracy.

The League of Women Voters (LWV) is a nonpartisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy.

On **Wednesday, October 11, 2023, at 7:00 p.m.**, the LWV Oxford will be hosting the **2023 Candidates' Forum** in the Knolls of Oxford auditorium at 6727 Contreras Rd, Oxford, OH 45056. There are candidates for Oxford City Council, Talawanda School Board, and all of the townships in the Talawanda school district (Hanover, Milford, Oxford, Reily.)

For more information about the league, go to: LWVOxford.org

For voting information, call the **Butler County Board of Elections: 513-887-3700.**

Poll Workers are Civic Superheroes

Are you interested in the election process?
Would you like to help out your community?

- Attend a 3-hour training class.
- Assist with setup on Monday evening.
- Work from 5:30 a.m. to around 8:30 p.m. on Election Day.

Training is held at 1802 Princeton Road, Hamilton, OH 45011, with flexible class times leading up to Election Day.

Polls are open **6:30 a.m. - 7:30 p.m.** Poll workers report at 5:30 a.m. and stay until equipment is packed up after polls close. Most finish by 8:30 p.m. Breaks provided.

Poll workers earn **\$202.05** per election in Butler County.

Apply online at elections.bcoho.gov or call **513-785-5711**
Your participation makes a difference!

Spotlight: Institute for Learning in Retirement

**You love
to learn.**

And we love that
about you.



There are two options for participating in ILR each semester: as a member or a non-member. Membership is \$145.00 and entitles you to register for an unlimited number of courses that semester. A very small number of classes have additional supply fees.

Non-members do not pay the semester fee and cannot register for courses, but they are welcome to participate in select Special Events by paying à la carte for each event.

Join ILR this fall for a semester full of fascinating courses, engaging special events, and fun activities. If you want to get in on the learning, don't delay.

Registration opens on **September 5th** and closes on **September 26th**.

You can register online at MiamiOH.edu/ILR or via mail. For more information, call (513) 529-8500 or email at ILR@MiamiOH.edu.

The Institute for Learning in Retirement (ILR) at Miami University is a nonprofit educational organization that offers a wide variety of noncredit courses, special events, and activities to meet the continuing educational and social interests of anyone age 50 or better.

You can attend in-person classes in the Oxford, Hamilton, Monroe, and West Chester areas, or join virtual classes from anywhere you wish.

ILR's volunteer instructors—retired or working professionals and scholars—create a stimulating environment through an exciting array of academic and general-interest subjects. There are no tests, grades, homework or prerequisites, but possibly some suggested reading.

LEADERS IN AGING RESEARCH

What the ^{*}^&\$ are we going to do about social determinants of health and aging?



Adam Perzynski Ph.D.
Professor of Medicine and Sociology
Case Western Reserve University

Thursday, Sept. 28
4:30 p.m.
Shriver Center
John E. Dolibois Room

In this presentation, Dr. Perzynski will review how individual and structural factors effect health and social outcomes for older adults. The Shriver Center is located at 701 E. Spring St., Oxford. Pay parking is available behind the Shriver Center.

Social Determinants of Health



Social Determinants of Health
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Healthy People 2030

What the *^&\$ are Social Determinants of Health?

Social determinants of health are factors that strongly influence our health, how we feel, and how good our lives are. Some examples are having a safe place to live, being treated fairly, having education opportunities, breathing clean air and drinking clean water. These things can cause big differences in health between different groups of people.

Just telling people to be healthy isn't enough to fix these differences. Public health groups and other organizations, like those in charge of schools, transportation, and housing, have to work together to make these things better for everyone.

On Campus



Mon. Sept 11 - Havighurst Center Colloquia Series Lecture - 11:40 a.m. to 1:00 p.m. *Harrison Hall, 210.* Havighurst Center Colloquia Series: Writing from the Caucasus after Communism. Naomi Caffee, Reed College. Notes on the Russophone.

Thurs. Sept 14 - Enveloped Lives: Caring and Relating in Lithuanian Healthcare - 2:50 p.m. to 4:00 p.m. *Upham Hall, 255.* Dr. Rima Praspaliauskiene, University of California, Berkeley will talk about the role of "white envelopes" in medical settings, which refers to the practice of handing envelopes containing money or gifts to doctors in public health care.

Fri. Sept 22 - Annual Havighurst Lecture - 4:30 p.m. to 5:30 p.m. *Shideler Hall, 152.* The Havighurst Center presents Sviatlana Tsikhanouskaya, Belarusian opposition leader, as the keynote speaker. Tsikhanouskaya emerged as the driving force behind Belarus' democratic movement in 2020, boldly challenging authoritarian leader Aleksandr Lukashenko in that year's presidential election. Tsikhanouskaya spearheaded the nation's largest protests since the USSR's fall in 1991. Her unwavering stance led her to exile in Vilnius, Lithuania, where she now leads the United Transition Cabinet, steering Belarus' democratic forces.

Wed. Sept 23 - Miami Football vs. Delaware State - 3:30 p.m. *Yager Stadium.* This is Miami University Hall of Fame Weekend and Miami Football Alumni Day.

Wed. Sept 30 - Open House: Learn to Skate and Learn to Play Hockey. *Goggin Ice Center* 1:30 p.m. - 2:45 p.m. Free Ice Skating and Hockey. Open to the Public. (513) 529-9800

September 2023

Fri. Sept. 8, 2023 - 12:15 - 1:00 p.m.

Enjoy the glorious music of the **St. Thomas Bach Ensemble** conducted by Carleton Monroe and accompanied by Jason Gunnell, Organist. Monroe is Director of Music at St. Thomas Episcopal Church in Terrace Park, Ohio where he established and conducts this professional ensemble of instrumentalists and vocalists who perform services, concerts and educational retreats centered on the music of J. S. Bach. Dr. Gunnell actively serves in the Church of Jesus Christ of Latter-day Saints in many music capacities and has served in the Church of Jesus Christ in music capacities for over 30 years.



RED DOOR COMMUNITY CONCERTS

at HOLY TRINITY
EPISCOPAL CHURCH
25 East Walnut, Oxford OH

FREE & Open to the public

This concert is the first of six concerts in Season Three of Red Door Community Concerts.

Concerts will also be posted on the Holy Trinity YouTube channel.

About Town



Fri. Sept 1 - Memory Café - 3:00 - 4:00 p.m. *Oxford Lane Library* - Memory Cafes are a supportive space with music, games, and conversation for individuals with Alzheimer's disease and other types of memory loss and their care partners. For more information call (513) 523-7531.

Fri. Sept 1 - Red Brick Friday - Streets & Eats - 6:00 - 10:00 p.m. *Uptown on High Street*. Enjoy some fun with friends and neighbors and welcome back Miami students with this summer's end celebration featuring live acts, food trucks, and activities.

Fri. Sept 1 - Friday Night Lights: Twixt (featuring Oxford's own Lisa Biales) - 7:00 - 9:00 p.m. *Oxford Community Arts Center Pavilion*. Free Admission (Popcorn and water \$1.00) Bring your own lawn chairs and blankets. A talk-back with Lisa and her experiences filming with Frances Ford Coppola will follow the film. Please note that *Twixt* is rated R for frightening scenes, violence, & gore).

Sat. Sept 2, 9, 16, 23 & 30 - Oxford Farmers Market - 9:00 a.m. until noon. *Uptown*. Fresh, Local, Seasonal Foods & Goods from Friends and Neighbors. VISA & EBT cards (food stamps) accepted.

Sat. Sept 2 - Yoga in the Park - 9:00 - 10:00 a.m. *Memorial Park*. Come enjoy some relaxing yoga. Weather updates provided on Oxford Talk Facebook page.

Sat. Sept 9 - Hike-A-Thon 2023 - 9:00 a.m. to 3:00 p.m. *Dewitt Cabin Trailhead: 4831 Oxford Trenton Rd., Oxford*. Celebrate outdoors and the progress of the new Oxford Area Trail. Hike to Leonard Howell Park, lunch from Deez Tacos and Duebbie Queen ice cream (11:00 a.m. - 1:00 p.m.). Return via Ruder Preserve, Marcum Trail, or rustic Bachelor Preserve trail. Family, pet (leashed), and wheelchair-friendly.

September 2023

Hueston Woods

Hueston Woods Nature Center is located at
6301 Park Office Rd, College Corner, OH 45003

Fri. Sept 1 - Morning @ Hueston Woods - 11:00 a.m. *Hueston Woods Nature Center* - Walk with a naturalist in the woods. Wear suitable footwear and bring your vehicle for a drive to the trailhead.

Fri. Sept 1 - Campfire @ Hueston Woods - 9:00 p.m. *Indian Mound - College Corner, OH 45003.* Meet at the Indian Mound in the Campground to have a Naturalist answer questions and provide park info leading up to the Night Hike.

Fri. Sept 1 - Night Hike - 9:30 p.m. *Indian Mound - College Corner, OH 45003.* Meet at the Indian Mound in the Campground for a nighttime adventure. Please wear appropriate footwear. Leave your flashlights in the car; we will hike by moonlight.

Sat. Sept 2 - Wildlife Invasion - 11:00 a.m. *Hueston Woods Nature Center* - Meet at the Lodge for a close look at Ohio's wildlife.

Sat. Sept 2 - Canoe Excursion - 9:00 a.m. *Hueston Woods Nature Center* - Learn canoeing basics and then take a guided trip on Acton Lake. Space is limited. Sign up begins at 9:00 a.m. Saturday.

Sat. Sept 2 - Orienteering - 5:00 p.m. *Hueston Woods Nature Center* - Learn to navigate with a map and compass. We will be off trail; long pants are recommended.

Sun. Sept 3 & 24 - Archery - 11:30 a.m. Meet at the Archery Range to learn the art of the bow.

Sun. Sept 3 - Fossil Expedition - 2:00 p.m. *Hueston Woods Nature Center* - Join a naturalist to search for signs of prehistoric life and collect fossils. Bring your vehicle; we will drive to the fossil collection site.

Mon. Sept 4 - Ohio Raptors - 10:00 a.m. *Center Circle in Campground* - Get a close look and learn about some of our resident birds of prey.

Mon. Sept 4 & Sunday 24 - Afternoon Hike - 2:00 p.m. *Hueston Woods Nature Center* - Join a naturalist for a stroll through the woods. Please wear appropriate footwear. Bring your vehicle; we will drive to the trailhead.

Sat. Sept 9 & 30 - Kayak Excursion - 9:00 a.m. *Hueston Woods Nature Center* - Learn kayaking basics and then take a guided trip on Acton Lake. Space is limited. Sign up begins at the Nature Center at 9:00 a.m. Saturday.

Sun. Sept 10 - SUP Excursion - 9:00 a.m. *Hueston Woods Nature Center* - Learn stand up paddle boarding basics and then take a guided trip on Acton Lake. Space is limited. Sign up begins at 9:00 a.m. Sunday.

Sat. Sept 16 - Creekin' - 2:00 p.m. *Hueston Woods Nature Center* - Explore what creatures can be found in one of the park creeks. Please wear appropriate clothing and footwear. Bring your vehicle; we will drive to the creek.

Sat. Sept 23 - Pontoon Trip - 9:00 a.m. *Hueston Woods Nature Center* - A Naturalist led boat tour of Acton Lake. Space is limited. Sign up begins at 9:00 a.m. Saturday.

Helpful Resources

Family Resource Center

*5445 College Corner Pike, Building 2 , Oxford, OH 45056
(513)-523-5859, Email: director@frcoxford.org*

Family Resource Center (FRC) assists individuals and families with the necessary resources, advocacy, and assistance to achieve their own self-sustainability: securing housing, assisting those with economic hardships, ensuring basic needs (food, clothing, shelter, transportation), obtaining and retaining employment, and accessing financial, education, and work supports.

Oxford Lane Library

*441 S Locust St #2126, Oxford, OH, 45056
(513)-523-7531, Website: <https://www.lanepi.org/>*

Lane library provides materials, services, access to computers and electronic resources, and a variety of events for adults and children. Most services and events are free.

Oxford Free Clinic

*110 North Poplar Street Oxford OH, 45056
(513)-524-5426, Website: <https://oxfordfreeclinic.org/>*

Oxford Free Clinic provides basic medical care and access to medications prescribed for treatments. The gynecology free clinic operates on the second Wednesdays of every month to provide free women-specific care.

Oxford Seniors

*922 Tollgate Dr. Oxford, OH, 45056
(513)-523-8100, Website: <https://www.oxfordsenior.org/>*

Oxford Senior Center is open Monday through Friday from 8:30 a.m to 4:30 p.m. for members to use the facilities and participate in many forms of recreation. Oxford Seniors also provides Adult Day Care Services, Meals on Wheels, Transportation, and other supportive services.

Talawanda Oxford Pantry & Social Services

*5445 College Corner Pike, Oxford, OH, 45056
(513)-523-3851, Email: director@topss.org*

Talawanda Oxford Pantry & Social Services (TOPSS) serves families living in the Talawanda school district. Customers are able to shop once per week and choose their items according to their household size and preferences. Nutritional information and foods to meet specific dietary restrictions are available. "Emergency food" boxes are available on a limited basis to those in need who live outside of the Talawanda School District.

Thread Up Oxford

*5156 College Corner Pike, Oxford, OH, 45056
(513)-273-1701, Email: threadupoxford@gmail.com*

Thread Up is committed to changing the community's relationship with textile more responsibly and creatively. Thread Up accepts donations of textile goods and provides free and low-cost gently used clothing at their location.